

Subject: RR 171752Z JUN 04 SUBJ: PREVENTIVE HEALTH ASSESSMENT (PHA)

This message is UNCLAS

RTAUZYUW RUEWMFU6837 1691755-UUUU--RUCBCLT RUCBCLF.

ZNR UUUUU ZUI RUENAAA6837 1691755

R 171752Z JUN 04 PSN 068979L39

FM CNO WASHINGTON DC

TO NAVADMIN

ZEN/NAVADMIN

INFO ZEN/CNO WASHINGTON DC

BT

UNCLAS

SUBJ: PREVENTIVE HEALTH ASSESSMENT (PHA)

NAVADMIN 140/04

MSGID/GENADMIN/CNO WASHINGTON DC/N1/-/JUN//

SUBJ/PREVENTIVE HEALTH ASSESSMENT (PHA)//

RMKS/1. THE REQUIREMENT FOR THE PHA TO SERVE AS A MECHANISM FOR CLEARANCE FOR PARTICIPATION IN PHYSICAL READINESS TESTING (PRT) OR PHYSICAL CONDITIONING IS HEREBY CANCELED. THE REQUIREMENT FOR THE ANNUAL PHA REMAINS IN PLACE. THE PHYSICAL EXAM AND PHA ARE BEING REVIEWED TO DEVELOP A MORE STREAM-LINED PROCESS.

2. A CURRENT PHYSICAL EXAMINATION AND COMPLETED PHYSICAL ACTIVITY RISK FACTOR QUESTIONNAIRE (PARFQ) ARE REQUIRED FOR CLEARANCE FOR PARTICIPATION IN EACH PRT. SAILORS WHO DO NOT HAVE A CURRENT PERIODIC PHYSICAL EXAMINATION OR WHO ANSWER "YES" TO ANY QUESTION ON PAGE 02 RUEWMFU6837 UNCLAS

THE PARFQ MUST BE REFERRED TO MEDICAL FOR EVALUATION AND CLEARANCE BY A CREDENTIALLED PROVIDER. THOSE WHO ANSWER "YES" TO ANY QUESTION ON THE PARFQ AND WHO WERE PREVIOUSLY CLEARED TO PARTICIPATE DESPITE THAT RESPONSE DO NOT NEED TO BE REFERRED ON SUBSEQUENT PFA'S AS LONG AS THE CONDITION HAS NOT WORSENERED AND NO NEW RISK FACTORS ARE PRESENT.

3. FILE THIS NAVADMIN WITH OPNAVINST 6110.1G. CHANGES WILL BE INCORPORATED IN THE NEXT REVISION OF THE INSTRUCTION.

4. POC: MR. KELLY POWELL AT (901) 874-6631/DSN 882 OR EMAIL: P651@PERSNET.NAVY.MIL.

5. RELEASED BY VADM G. L. HOEWING, N1.//

BT

#6837

NNNN